

LE MAX *Wellness Club* Wellington

WELLNESS CLUB

	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
7:00	METCON 60'	Funcional Body Building 60'	METCON 60'	Funcional Body Building 60'	METCON 60'		
7:30	HOT Yoga 60'	RUNNING CLUB 60'	BIKRAM Yoga 60'	RUNNING CLUB 60'	HOT Yoga 60'		
8:00		Funcional Body Building 60'		Funcional Body Building 60'	METCON 60'		
9:00	BIKRAM Yoga 60'	BIKRAM Yoga 60'	HOT Pilates 60'	BIKRAM Yoga 60'	BIKRAM Yoga 60'		
10:30	INFERNO HOT Pilates 60'	BIKRAM Yoga 60'	BIKRAM Yoga 60'	HOT Yoga 60'	INFERNO HOT Pilates 60'	BIKRAM Yoga 90'	METCON 60'
11:00						METCON 60'	
12:15						HOT Yoga 60'	
14:00							
14:15	Funcional Body Building 60'	METCON 60'	Funcional Body Building 60'	METCON 60'	Funcional Body Building 60'		
14:15	BIKRAM Yoga 60'	BIKRAM Yoga 60'	BIKRAM Yoga 60'	HOT Pilates 60'	BIKRAM Yoga 60'		
19:00	BIKRAM Yoga 90'	HOT Yoga 90'	BIKRAM Yoga 90'	BIKRAM Yoga 90'	HOT Yoga 90'		
19:00	Funcional Body Building 60'	METCON 60'	Funcional Body Building 60'	METCON 60'	Funcional Body Building 60'		
20:30	HOT Yoga 60'	HOT Yoga 60'	BIKRAM Yoga 60'	BIKRAM Yoga 60'			

WE OPEN 6:30

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WE CLOSE 22:00

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